YUN SHOU ASD Via Val D'Ossola 10 - 24126 Bergamo VAT Number 03071660165

I, the undersigned		born in		on
resident in	at		Tax Code	
DECLARE				

That I am in good health, fit to engage in physical activity

That I am aware that the Brazilian Jiu Jitsu activity I will be practicing at the Gracie Bergamo Academy, although conducted under the guidance of qualified personnel and with all necessary precautions, as a "combat sport" may pose a risk of physical injuries, including serious ones;

That, for the reasons specified in the previous point, I fully and exclusively assume responsibility for any injuries or damages I may cause or suffer during the course of the activities, and I agree to hold harmless and indemnify the Yun Shou Association (GJJ) and other athletes/participants/members, from any civil or criminal liability.

I am also aware that, to participate in the activities of the Yun Shou Association, a valid medical certificate and the Association's registration form, duly completed and signed in all its parts, must be presented. In the absence of such documents, the Yun Shou Association will not be able to activate its insurance coverage on my behalf.

DECLARE that, in the meantime, I will participate in the Association's activities at my own exclusive risk, holding harmless and indemnifying the Yun Shou Association and other athletes/participants/members from any civil or criminal liability for any injuries or damages I may cause or suffer during the activities.

I am also aware that, without the required documentation, the Yun Shou Association may refuse me access to its activities.

Bergamo,

Sincerely,

Attached: a copy of the identity document